

SYNERGY TIMES

Bio-Sil

Same great product, new label. Jarrow no longer distributes Bio-sil patented silica extract. It is now in the hands of Natrol. So if you don't see it, just ask. And by the way, if you don't know the many benefits of Bio-sil, here are some. Great to work with bone-density (osteopenia-porosis) and also helps keep elasticity in arteries and veins. Speaking of veins (vain), a 4 month study on Bio-sil and face wrinkles was able to show a 45% reduction in wrinkle depth.

NAC

We all know someone that fights either obsessive or addictive behavior. NAC (N-acetyl-L-Cysteine) can help. By increasing the concentration of glutamate in the nucleus accumbens region of the brain, which can be achieved by NAC, we can inhibit compulsive or addictive behavior and decrease cravings.

This has been used for OCD, cocaine, smoking, and gambling. 83.3% of non-placebo group met responder criteria at the end of an 8 week double-blind phase, compared to only 28.6% in the placebo group.

Kidney/Liver Support

I think we often forget that everything we eat or drink eventually goes through the liver and kidneys.

It only makes sense to protect these two cleansing organs to help keep us cleaner on the inside. Milk Thistle, dandelion, licorice, alpha lipoic acid, and other nutrients work well to keep healthy cells being regenerated and unhealthy ones removed.

The kidneys work great with cranberry, uva-ursi, dandelion, golden rod, etc. Poor diet, alcohol, prescriptions, and stress tend to increase the work load placed on the liver and kidneys. So, take the time to keep your body filters clean and you will live longer for it!

All New Ron Teegarden's Goji berries. Previous price of \$13.50 for 8 ounces, now only \$9.50 for 8 ounces.



New Products

Hunza raisins are back in stock. These delicious and nutrient dense raisins are superior to most dried fruit.

The long awaited Goji bars have finally arrived!!! Synergy Health is the only place in the entire United States where they are available. Made with all natural and organic Macadamia nut, coconut, fig, goji, agave, and sea salt.

Natura World is helping extend the 25% off discount on all mattresses through the month of August. (latex foam, memory foam, air, and more)

New Zum Laundry Soap is awesome, highly concentrated and has great essen-

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Yoanna Mineral Make-up

We would love to hear some feedback about Yoanna Make-up products good or bad. (we have enough indifferent) We were under the impression that there was a great deal of demand for these products. So far, the sales have been so-so. We would love to hear any comments about the products, as that will help us determine if we keep them or not. Thanks for your help.

Ideal Protein All-stars

Our congratulations go out to Albert who has lost over 70 pounds on the Ideal Protein Program. This is what can happen when you really follow the program and take it seriously. Our hats are off to you. Anyone can do this, if you try.