

# SYNERGY TIMES

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## GRUNKOMFORT

For many of you this name will be a new one when you think of mattresses. BUT since 1987 Grun Komfort started out with a clear set of principles and values : Fairness in all interactions with other people..production to the highest quality ...the use of natural materials ....sustainability and protection of the environment. Synergy Health is proud to offer for the first time access to this German line of bedding. They specialize in natural and organic latex mattresses that are free of allergens and have no OFF-GASSING from petrochemical materials. These mattresses are made to order but have a very quick turn around time as the cores are made in Germany and the finished product is covered in USA once a firmness level and cover type is chosen. Backed by a full 10 year warranty and then prorated another 10 years ....its obvious they wont have that dreaded dip in 6 months to a year. As much as I like the Natura line we have sold for years ....I truly believe we have made a wise choice with Grun. Demos in soon!

## Ubiquinol and Periodontal Health

Last month we talked about Ubiquinol and Parkinson's ....NOW lets talk about periodontal health benefits and how Ubiquinol plays a role in keeping gums and mouth healthy. In a randomized double blind trial , 30 patients average age 33 .....with plaque induced gingival inflammation were divided into two groups. First group was given Coq10 supplements following scaling and root planing. The second group was given a placebo following their cleaning. Plaque index , gingival index, and probing depth were recorded at baseline, one month, and three months. After three months researchers noted a significant reduction in gingival inflammation in patients who supplemented with CoQ10 compared to those that got placebo. It only makes sense these days to include Ubiquinol( CoQ10) as part of your supplement program....offering so many different benefits !!!



## Synergy News

- We recently started working with a new line of organic bedding called SLEEP & BEYOND .....they make amazing sheets , duvet , comforters , pillows and mattress protectors . Specializing in Merino wool and sustainable growing practices ....you really cant go wrong with any of their products .....come by and check some out !!
- Ideal Protein was recently voted BEST diet of 2015.....this doesn't come easy as there are 100's of different ways to lose weight. The key is to lose it BUT also teach you how to keep it off while still enjoying the foods you love. It is a new year and no better time to
- Just in case you didn't get the email about selling off our DEMO mattresses at unbelievable prices ....we are switching gears with our choice of manufacturers as Natura begins to license its production to a select US manufacturer. We will continue to offer their top quality green bedding in the future. We have 2 twins that are about 8 month and going for \$300-600 a set .....that's less then cost !!!Call or better yet come by and lay down.
- If you have questions about this letter please send to [synhealth@yahoo.com](mailto:synhealth@yahoo.com)

## Now Taking American Express Per Your Request

For 9 years we have not taken American Express cards at our store and I see the faces and hear the sighs ...sooooo we have made it where you NOW can buy with Amx so you can get those points.....also hope its makes you want to spend more :) Ha!! That's what retail research says about Amx users !!

## New Research On Green Tea And Cancer

Great research is coming out of Purdue University about green tea and cancer cells. A husband and wife team have discovered a surface protein called ENOX2. Green tea is one of the compounds that inhibits ENOX2....which is an undesirable product of the X chromosome that enables immature cancer cells to increase in size in preparation for renewed cell division. There are currently 6000 scientific publications indexed on the topic of green tea. Over 2000 of these reference to the main medicinal substance found in the tea.....the polyphenol (or catechin) called epigallocatechin gallate or EGCG for short. This body of data is unusually large for a natural product and should lend credibility to the ongoing positive effects we are finding with green tea and cancer. Interestingly enough it has a broad reach over many different types of cancer especially prostate. On the upside is that green tea is great to drink and you can get stronger concentrations of EGCG in capsule form for a very reasonable price !!!!