

SYNERGY TIMES

Synhealth@yahoo.com / 336-218-7099 / www.synergy-health.biz

Natura World

Natura is known for making the perfect chemical free bed. However, sometimes perfection is hard to achieve, so Natura World now offers access to their imperfect inventory. A stitching error or color fade is all it takes to be marked down to even greater savings than we currently offer. Come by or call as they have mattresses (all sizes), pillows, blankets, pads, and more available at unheard of savings.

Niacin~ What's the Difference?

We get about 10 people a week asking for Niacin to help with their cholesterol. Many would prefer the flush-free form or have been instructed to get it by their doctor. This form is not for cholesterol, it is more for blood sugar! Only the full flush will work to manipulate HDL up and LDL down. Start slow and gradually build your dose up. An extra note~ slow release and time release are much harder on the liver.

EPAX Fish Oil

EPAX fish oil is now available at Synergy Health. We are excited to be able to offer EPAX fish oils for heart and brain health.

Bluebonnet comes through during tough economic times and offers an outstanding, high quality fish oil at a great savings in comparison to Nordic Naturals.

Clinically tested and pharmaceutical grade fish oil can now be purchased with confidence! I have looked long and hard for this raw material and am proud to offer it to our loyal customers.

Just a reminder to all of our wheat free/gluten free customers that we carry a variety of Sami's Bakery products. We have spoken with the company and have been assured that there are no preservatives in their products in spite of Earth-fares claims.



Synergy News

- We will soon be switching to Almond milk in our juice bar smoothies as opposed to Soy milk which should please most of you.
- I'm sure that everyone knows that warm weather is just around the corner and we're sure everyone wants to look their best for it. Come see David to get you there the safe and natural way with the Ideal Protein Program. We're so proud of everyone that has had a great success with the program and we would love to see more of you do the same!
- With all the recent press and popularity with the Acai berry, we just wanted to let everyone know that we carry several products containing Acai. We carry Sambazon Acai powder, Sambazon Acai smoothie packs, and Genesis Today Acai berry juice.
- New to Synergy Health, an all natural, organic ketchup sweetened with Agave.

Just as a reminder for those ordering bio-identical hormones through your doctor, please ask to use Jerry Beamer at Pill Time for this. 336-243-7609

Blue Bonnet Whey Isolate Protein

We are very pleased to announce that we are now carrying Blue Bonnet whey isolate protein. Blue Bonnet uses high quality micro filtered whey protein isolate with important, naturally occurring immunoglobins, which help support the immune system. It is also sourced from cows that have not been treated with recombinant bovine growth hormone and provides fast-acting protein meaning its amino acids are easily and readily available to the body for immediate use quickly replenishing the body's amino acid pool after exercising. Unlike the common practice of using a heat-processed protein that can denature (render useless) the protein and immunoglobins, Blue Bonnet employs a special low-temperature method which leaves everything intact. Available in 3 delicious flavors. Try some today!