

# SYNERGY TIMES

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## Delta Gold Vitamin E

Delta-Gold Vitamin E is a unique form of vitamin E that shows incredible results for aiding in the lowering of cholesterol. Delta-Gold is derived from 90% delta tocotrienol and 10% gamma tocotrienol. Studies show enhanced effects with Red Yeast Rice or other cholesterol lowering agents. Even as a stand alone, Delta-Gold offers about a 20% reduction in total cholesterol. This is truly cutting edge science in lipid lowering that you won't hear about elsewhere for quite some time.

## GPLC + ALCA

Studies have long supported the benefits of taking Carnitine for cardiovascular and metabolic health. You also can experience improved male erectile function by combining these 2 unique forms of Carnitine. Italian studies have combined 2 grams of each daily and found it outperformed testosterone therapy without the side effects. This is for young men too! It's never too early to start taking better care of the tissues that provide support to our cardiovascular and sexual health.

## Bone Strength

For all the people in the world who can't take calcium supplements because of digestive issues, we introduce Bone Strength from New Chapter. Calcium is critical for bone density issues, and this product offers algae sourced calcium, magnesium, vitamin K-2, and vitamin D in a complete bone formula. With taking 3 total a day, you get more of a benefit than other calcium supplements that require 6-9 pills.

This is completely vegetarian and will not cause constipation or loose stools. Leave it to New Chapter to find help for those who truly need calcium, but have a hard time absorbing it.

## Ideal Protein All-stars

Our congratulations go out to Alex who has lost about 40 pounds on the Ideal Protein Program. Its people like this that keep our success rate at 100%. Our hats are off to you.

Anyone can do this, if you try.



## New Products

New 20oz. Stainless steel Water Bottles are here. They're much more convenient for those who didn't want to carry around the larger size.

We now have Cell-nique in stock! Cell-nique is the first delicious, organic Super Green drink made from a blend of whole natural Super Foods and herbs that support the rejuvenation of your cells by bathing them in pure phyto-nutrients and anti-oxidants.

New price on Ron Teegarden Goji berries. \$9.50 for 8 ounces!

Last, but not least, we are introducing Sprouted Brown Rice Protein from Source Naturals

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## Introducing Suzy Williams

Starting September 9th holistically inspired body work will be available for walk-ins and appointments at Synergy Health.

Licensed massage therapist Suzy Williams provides a safe and professional environment with a focus on compassion and self-acceptance as healing tools.

Beginning treatments will include therapeutic massage, dry skin brushing, and an essential oil treatment with select organic products.

Bodywork hours will be available Tuesday, Wednesday, and Thursday from 3-7 p.m. Contact Suzy starting September 1st at [suzubutterfly@yahoo.com](mailto:suzubutterfly@yahoo.com). Receive \$10 off your first body treatment.